

## PRINTABLE SHEETS FOR THE 2024 SHOOTING HANDBOOK

### **Amendments** **Effective from 1<sup>st</sup> APRIL 2024**

#### **Resolutions and Voting**

Add 5.7 Any new shooting style must be voted on by a minimum quorum of 65/35 of the vote to be accepted as a new shooting style.

#### **Shooting Rules - Scoring**

Add to 10) In the event of an arrow passing through part of the target and into the scoring zone, the score will be taken from the first point of entry. If the first point of entry is a non-scoring zone, the arrow does not score.

#### **Freestyle** now reads:

A bow of any draw-weight, but not a compound bow or crossbow, may be used.

Subject to the 'NFAS Rules of Shooting', archers shooting in this class have complete freedom of choice of equipment, with the exception that no form of release aid is allowed and no electrically powered or electronic equipment can be used including laser sights and lights on sights.

The sight may be moved at will during shooting.

### **Amendments** **Effective from 1<sup>st</sup> APRIL 2024**

#### **Bowhunter** now reads:

With effect during the whole day, archers shooting in the Bowhunter class may use either (but not both) placement cards or binocular/monocular, at any point during the day. Spotting must comply with rule 22 and 23 of the shooting rules for other styles. Any binoculars/monocular must not be capable of measuring the distance to the target.

**Thumb Draw** added after 'Arrows must be shot off the hand' 'and on the opposite side of the bow to the hand which holds the bow. If the bow is held in the left hand, the arrow is shot off the bow's right-hand side, and vice versa'.

**Unlimited** added after 'No electrically powered or electronic equipment may be used (e.g., electronic release aids, laser sights), with the exception of sight lights that solely illuminate the pin(s)' 'and electronic displays as long as they are not range finders.'

### **Amendments** **Effective from 1<sup>st</sup> APRIL 2024**

#### **Traditional Crossbow** now reads:

A crossbow (but not a compound crossbow) with a wood stock, wood butt, wood barrel and wood or natural material rail must be used. No sight of any description can be used. Only wooden bolts, sizes 5/16", 11/32" or 23/64", can be used. The bolt length excluding pile and separate nock (if used) must be between 14" and 16". Bolt length and pile weight must uniform throughout a competition. Natural material or feather fletches only. A foot stirrup must be used in conjunction with a cocking rope or goats foot to conform to manufacturer's safety instructions. The crossbow must be fitted with a bolt retaining clip. A trigger guard must be in place and a safety mechanism must be used when the bow is cocked. Prods must be made of either steel, fibreglass or wood. Draw-weight must not exceed 200lbs. Stroke length must not exceed 10".

#### **Crossbow** now includes:

With effect during the whole day, archers shooting in the Crossbow class may use either (but not both) placement cards or binoculars/monocular at any point during the day. Spotting must comply with rules 22 and 23 of the Shooting Rules for other styles. Any binoculars/monocular must not be capable of measuring the distance to the target.

**Please cut out and  
keep these  
printable sheets  
pending a new  
rulebook being  
published later in  
2024**

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

The **Barebow** bow style rule now reads::  
A bow of any draw-weight, but not a compound bow or crossbow, may be used.  
No sight or sighting aid of any description can be used.  
There shall be no markings that could be used to aim in the window of the bow riser. If present they must be covered up with a vertical solid colour tape that does not in itself become a marking.  
The bowstring may be of different colours as long as the coloured strands run continuously and evenly throughout the string's length, but the centre serving must be of one colour.  
One nocking position is permitted (which may be indicated by nocking points both above and below the arrow). Brush buttons and silencers are permitted but no other knots or attachments (in addition to the string serving) that could be used for sighting or location purposes are allowed.  
One anchor point must be maintained throughout the shoot and the index finger must touch the nock at full draw. No face or string walking is allowed. No draw-checks of any kind are permitted.

Continued...

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

**Barebow** continued...  
No form of release aid is permitted.  
A single stabiliser of any length, riser weights and dampeners are allowed. Any additional weights attached to the stabiliser must be attached to the end furthest from the bow. The bow, de-strung and without bow quiver and the one permitted stabiliser, must fit through a 13cm internal diameter solid ring, with the weights and dampeners attached. The stabiliser must only protrude to the front of the bow.  
A bow quiver that attaches to the side of the riser, be it by bolts or limb grippers, is allowed if the arrows are used from the bow quiver. Additional arrows can be carried but must only be used to replace lost or damaged arrows on the bow quiver. A rest, pressure button and unmodified shelf are allowed.  
No over draw is allowed behind the throat of the handgrip.  
Archers shooting in the Barebow class may use binoculars/monocular or placement cards, but not both, to identify the position of the scoring zones while standing at the shooting peg, only as part of their first shot. Any binocular/ monocular must not be capable of measuring the distance to the target.

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

The **Hunting Tackle** bow style rule now reads::  
A bow of any draw-weight, but not a compound bow or crossbow, may be used.  
No sight or sighting aid of any description can be used. There shall be no markings that could be used to aim in the window of the bow riser. If present, they must be covered up with a vertical solid colour tape that does not in itself become a marking.  
The bowstring may be of different colours as long as the coloured strands run continuously and evenly throughout the string's length, but the centre serving must be of one colour.  
A rest, pressure button and shelf are allowed.  
One nocking position is permitted (which may be indicated by nocking points both above and below the arrow, at least one nocking point must be attached to the serving). Brush buttons and silencers are permitted but no other knots or attachments (in addition to the string serving) that could be used for sighting or location purposes are allowed. One anchor point must be maintained throughout the shoot. The 'Mediterranean' loose only is permitted.  
No draw-checks of any kind are permitted. No over draw is allowed behind the throat of the handgrip.

Continued...

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

**Hunting Tackle** continued...  
No internal or external stabilisers, dampeners or weights are allowed. A bow quiver that attaches to the side of the riser, be it by bolts or limb grippers, is allowed if the arrows are used from the bow quiver. Additional arrows can be carried but must only be used to replace lost or damaged arrows on the bow quiver.  
Arrows shafts must be of natural material and fletched with natural feather.  
No archer may refer to any memoranda which could in any manner be a means of improving a score.

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

The **Traditional Bowhunter** bow style rule now reads:

A bow of any draw-weight, but not a compound bow or crossbow, may be used. The bow may be of one-piece construction, or a 2 or 3-piece takedown.

The arrow must be shot from the bow shelf or hand. No rest or button of any description can be used. The handle may incorporate a cut-away of any depth to provide an arrow shelf. The shelf and side plate may have a protective cover no more than 5mm thick. A rigid strike/side plate of a thickness required to bring the arrow to centre shot of the bow is permitted.

No sight or sighting aid of any description can be used. There shall be no markings that could be used to aim in the window of the bow riser. If present, they must be covered up with a vertical solid colour tape that in itself does not become a marking.

Only one nocking position is permitted (which may be indicated by nocking points both above and below the arrow, at least one nocking point must be attached to the serving). No other knots or attachments in addition to the string serving (excluding silencers), that could be used for sighting or location purposes, are allowed.

Continued...

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

**Traditional Bowhunter** continued...

One anchor point must be maintained throughout the shoot and the index finger must touch the nock at full draw. No face or string walking is allowed. No draw-checks of any kind are permitted. No over draw is allowed behind the throat of the handgrip. No form of release aid is permitted.

No internal or external stabilisers, dampeners or weights are allowed. A bow quiver that attaches to the side of the riser, be it by bolts or limb grippers, is allowed if the arrows are used from the bow quiver. Additional arrows can be carried but must only be used to replace lost or damaged arrows on the bow quiver.

The bowstring may be of different colours if the coloured strands run continuously and evenly throughout the string's length, but the centre serving must be of one colour.

Arrows shafts must be of non-wooden and non-bamboo materials, fletched with natural feather.

No archer may refer to any memoranda which could in any manner be a means of improving a score.

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

**Shooting Style Rules**, the first paragraph now reads:

Unless explicitly forbidden in the rules below, any equipment is permissible except for Barebow, HT, TB, FS. Binoculars and monoculars are not allowed to be used on the course unless stated specifically in the rules for the style being shot.

Binoculars and monoculars are not allowed to be used on the course unless stated specifically in the rules for the style being shot.

Bows may be randomly tested at any open or Championship event using a chronograph. The person carrying out the testing will select three or more of the archer's arrows to be tested and an average taken as the bow speed. As per rule 14 of the NFAS 'Shooting Rules', the arrow speed of any arrow or bolt must not exceed 300 feet per second (fps) plus 3% tolerance for chronograph error. If the speed of any arrow is found to be over this legal speed, the archer has the right to shoot the same arrow again. If arrow speeds are found to be below 270 fps only two arrows need to be shot.

American Flatbow, Bowhunter, Compound Limited, Hunting Tackle and Longbow require the use of a 'Mediterranean loose'. It is optional in other bow styles except TD, XB, TXB. A Mediterranean loose means one finger above and the middle and ring fingers below the nock.

Archers using face walking or string walking must shoot in Freestyle and Unlimited.

**Amendments**  
**Effective from 1<sup>st</sup> APRIL 2024**

**Suggested Rounds**, add:

(g) 'Predator-Prey' target pairs. At some pegs, two animals may be laid, one representing an animal predating on the other animal. The idea of the shot is to kill the predator first so that it is no longer a threat, and then to shoot the prey.

The shot should be clearly marked as a Predator-Prey shot by a sign visible from the first shooting position. This sign must clearly define which target is the predator and which is the prey.

- I. A maximum of 3 arrows may be shot at the pair of targets.
- II. Shoot at the predator from the 1st, 2nd and 3rd pegs as normal until you have hit it.
- III. You may then use any remaining of your three arrows to shoot the prey, starting from the 1st peg and progress to the 2nd peg if necessary.

Scoring for each target is as defined in Section D of the Big Game rule. A maximum score is therefore two 24s.